

**KENT STATE UNIVERSITY
COLLEGE OF NURSING**

TECHNICAL SKILLS RECORD/ CHECKLIST

Student Name: _____Jasmine Varnell_____

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
DIRECT PATIENT CARE						
Complete Bath		X	X	X	X	
Oral Care		X	X	X	X	
Skin Care		X	X	X	X	
Hair Care		X	X	X	X	
Foot & Nail Care		X		X		
Back Massage		X		X		
Braden Scale Skin Assessment		X	X	X	X	
Positioning & Repositioning		X	X	X	X	
Range of Motion		X		X		
Assist with Ambulation		X	X	X	X	
Falls Precautions		X	X	X	X	
Transfer Techniques		X	X	X	X	
Feeding		X	X	X	X	
Recording I & O's		X	X	X	X	
Ted Hose/SCDs		X		X		
APPLYING RESTRAINTS						
Posey		X		X		
Wrist & Ankle		X				
BED MAKING		X	X	X	X	
Occupied		X	X	X	X	
Unoccupied						
VITAL SIGNS						
Temperature		X	X	X	X	
Respiration		X	X	X	X	
Pulse		X	X	X	X	
Blood Pressure		X	X	X	X	
Orthostatic Blood Pressure		X		X		
Pain Assessment		X	X	X	X	
NEUROLOGICAL ASSESSMENT						
Glasgow Coma Scale		X		X		

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
CARDIAC MONITORING						
EKG/Telemetry		X	X	X		
12 lead EKG administration	X					
ELIMINATION						
Enemas		X				
Colostomy: Irrigation		X		X		
Dressing		X		X		
Placing Appliance		X		X		
Ileostomy		X		X		
Catheterization						
Indwelling: Male		X		X		
Female		X				
Straight: Male						
Female		X		X		
Urosheath: Male						
Indwelling Catheter Care		X		X		
Catheter Irrigation	X					
Perineal Care		X	X	X	X	
Urosheath Care		X		X		
IRRIGATIONS						
Eye						
Ear						
Bladder						
Vaginal						
Wound		X		X		
SPECIMEN COLLECTION						
24 hour Urine						
Specific Gravity						
Sterile from indwelling cath		X				
Stool:						
Guaiac/Hemoccult		X		X		
Ova & Parasite						
C & S		X				
Sputum						
Blood Glucose Monitoring		X		X		
PRE & POST OPERATIVE CARE						
Pre-op Checklist/Informed Consent		X		X		
Dry sterile dressing		X		X		
Peripheral IV site dressing change		X				
Central line dressing change						
Wet → Dry sterile dressing		X				
Packed wound dressing		X		X		

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
Coughing & deep breathing		X	X	X	X	
Incentive spirometry		X		X		
Assist to dangle & ambulate		X	X	X	X	
Assist with cast						
Assist with traction						
Intermittent wall suction		X		X		
Naso-gastric irrigation						
Hemovac drain care		X				
JP drain care		X		X		
Nasogastric continuous feeding		X		X		
Gastrostomy intermittent feeding		X				
RESPIRATORY CARE						
Oxygen Therapy:		X		X		
Nasal cannula		X		X		
Mask		X		X		
Pulse Oximetry						
Suctioning:						
Oropharyngeal	X					
Endotracheal		X		X		
Tracheostomy care		X				
Chest tube care	X					
Postural drainage						
Percussion, drainage, & clapping	X					
ISOLATION TECHNIQUES						
VRE/MRSA		X		X		
TB						
Neutrapenic (Reverse)		X		X		
MEDICATION ADMINISTRATION						
Oral		X	X	X	X	
Patches/topical		X		X		
Subcutaneous		X		X		
Intramuscular		X	X	X	X	
Z-Track	X					
IV INFUSION						
Peripheral		X	X	X	X	
PICC line		X		X		
Central/Triple Lumen		X				
Monitoring of Drip Rate		X	X	X	X	
IV site assessment		X	X	X	X	
Changing IV fluid bags		X	X	X	X	
Changing IV fluid tubings		X	X	X		
Arterial line maintenance						

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		Adult	Child	Adult	Child	
COMPUTER DOCUMENTATION		X	X	X	X	
EXPERIENCE TEACHING:		X	X	X	X	
Patients		X	X	X	X	
Families						
DISCHARGE PLANNING		X	X	X		
BASIC LIFE SUPPORT (record dates of completion)		Completed 6/29/2010	Completed 6/29/2010			

**Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience Record/Checklist
 **Revised 8/08